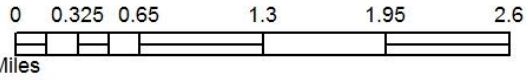


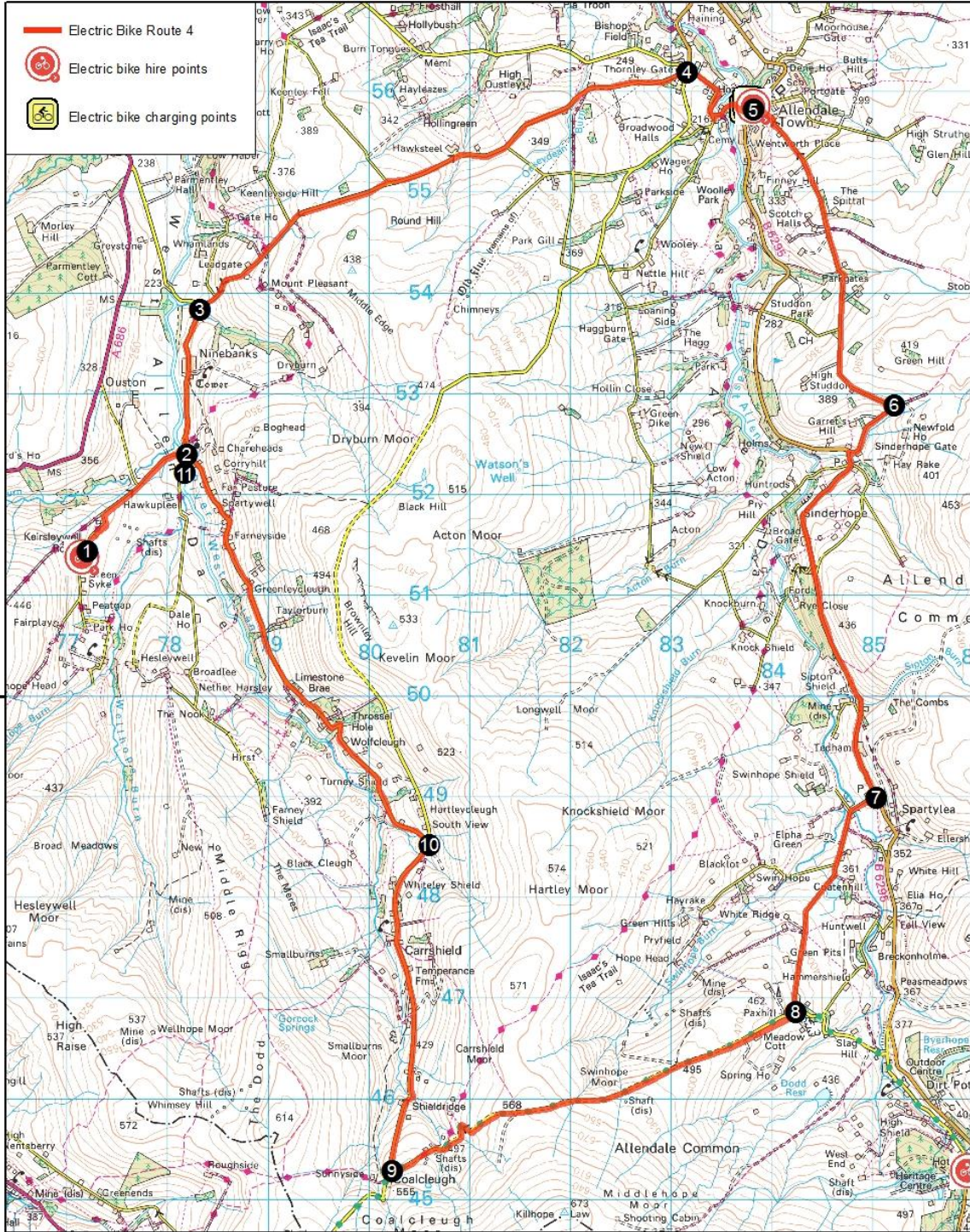
Route 4: Ninebanks & East Allen

1:51,141

35km / 22 miles



Recommended direction - clockwise



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Route 4: Ninebanks & East Allen

Length: 22 miles (35km) **Time:** 2.5 – 3 Hours
Start: Ninebanks YHA

Key: R = Right | L = Left | TR = Turn right | TL = Turn left | SP = Signposted | T-j = T-junction

1. From Ninebanks YHA TL and head won the hill following the road back to the Village of Ninebanks. TL to cross the bridge.
2. TL at the T-J.
3. After 1 Mile, as the road comes down with the river West Allen TR SP Allendale.
4. TL at Thornley Gate SP Allendale. Follow the road downhill across a bridge and the back up a steep hill into Allendale.
5. TL at the T-junction onto the B6303, and in 100m take the first R onto Lonkley Terrace. Head up the steep hill and stay on this road for 2 miles.
6. TR at the T-j and after a steep descent TL onto the B6295 to cross the bridge.
7. After 2.5 miles, in the village of Spartylea, TR going back on yourself and stay on this road
8. TR at T-j. Head up the hill to cross a cattle grid and follow the road to cross the moor.
9. TR at T-j SP to Allendale and head downhill, taking care on the steep L bend.
10. After 2 miles, shortly after passing through Carrshield, TL SP Ninebanks
11. After passing the Church on the R in Ninebanks TL on a hairpin SP Mohope. Continue along this road, bearing R across the bridge. Follow the road as it becomes a no through road, YHA will be on your R as you go up the hill

