



1 A WORKING FARM and NATURE RESERVE

Cattle and sheep grazed pasture and hay meadow make up part of one of England's largest organic farms. Please keep dogs on a lead at all times as this is a working farm.

flower-rich meadow



common blue butterfly

Stagsike Trail - allow 1 - 2 hours (4.5 kms)

Fairly level mostly on good tracks around farmland and bottom of Bruthwaite Woodland, some muddy patches - allow for a break at Stagsike Cottages, and time to enjoy the woodland edges between Stagsike and Howgill

Bruthwaite Trail - allow 2 - 3 hours (3 kms)

Steep and rough ground among the newly planted woodland - add 1 hour to Stagsike Trail

Moorland Trails - allow 3 hours

Gairs viewpoint (8 kms)
Bruthwaite viewpoint (4 kms)

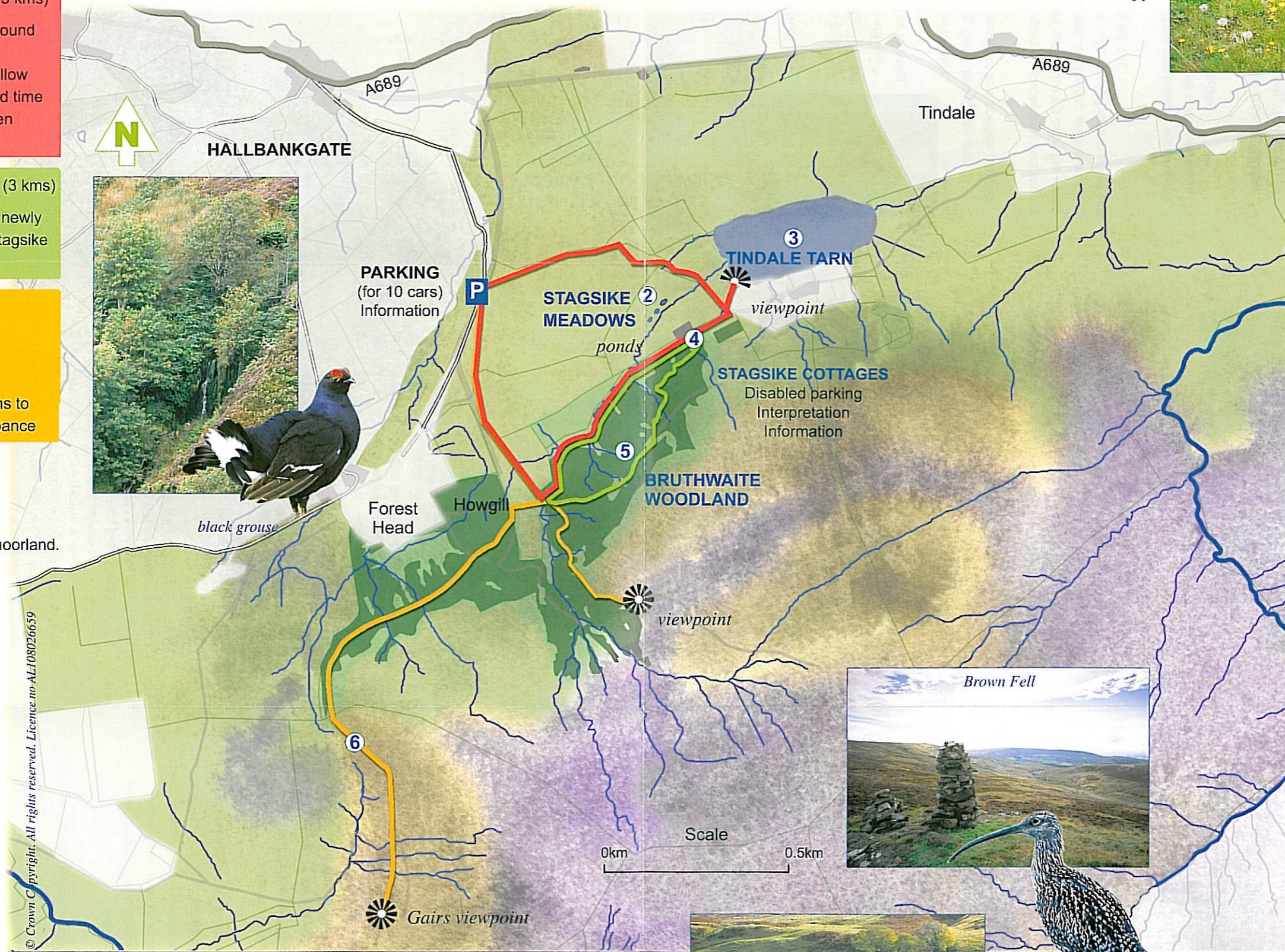
Longer walks out to the moorland
Please do keep to trails and footpaths to enjoy wildlife without causing disturbance

6 MOORLAND TRAILS - AND BIRDS OF PREY

The longer trail takes you onto the moorland. Kestrel and buzzard are common, but watch out for peregrine, merlin, short-eared owl and if you are very lucky hen harrier.



merlin



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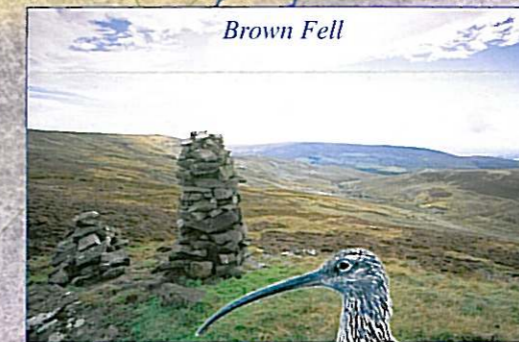
2 STAGSIKE MEADOWS

Here we combine traditional hay meadow management with a network of small wetlands. Lapwing, curlew, snipe and redshank all nest here. View from near to the cattle pens or from Stagsike Cottages.



3 TINDALE TARN

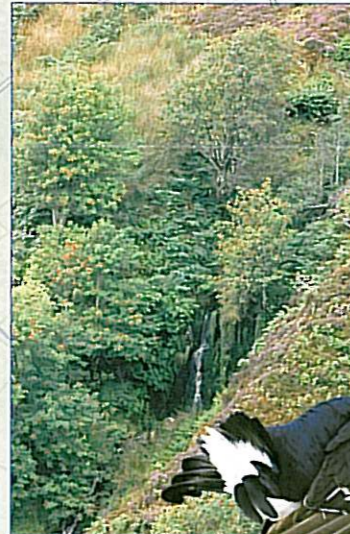
A view point allows you to watch the Tarn without disturbing the birds. Autumn and winter are especially good for seeing a range of wildfowl.



Brown Fell

5 BRUTHWAITE NEW WOOD PASTURE AND BLACK GROUSE

Black grouse need a rich habitat. Woodland is one aspect - tree buds provide winter food and woodland edge gives cover. Heather, berries, cotton grass, undisturbed feeding areas, and insect-rich habitat for chicks are all needed. Black grouse can be seen to symbolise diversity - a place with black grouse is a place with room for wildlife.



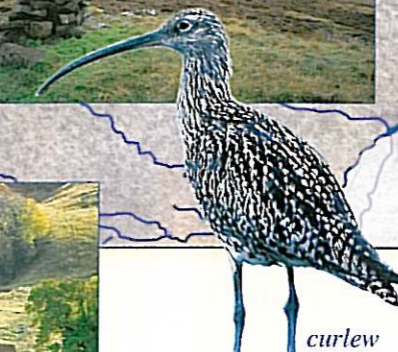
black grouse

4 STAGSIKE COTTAGES

Here you can take a break on your walk at the Interpretation Point and learn about the history and management of the reserve. Vehicle access to this point is restricted to pre-arranged visits, to keep the peace and quiet for your enjoyment.



Stagsike Cottages



curlew