North Pennine Birdwalks
Walk 1: Lambley & the South Tyne
The Birdwatchers Code of Conduct

Birds are very vulnerable to disturbance, especially during the breeding season. It is all too easy to inadvertently harm a bird or its young while trying to watch them.

For example, if an adult bird is prevented from returning to its nest, eggs or chicks may quickly chill and die. Straying from a footpath towards a nest site may also leave a scent trail that a predator is later able to follow.

To ensure that you enjoy watching birds without harming them or their young, please always follow this code of conduct:

• The welfare of the birds must come first. Disturbance to birds and their habitats should be kept to a minimum.

• Keep to footpaths, especially during the bird breeding season (March – August).

• Avoid disturbing birds or keeping them away from their nests for even short periods especially in wet or cold weather.

• Do not try to find nests. All birds, nests, eggs and young are protected by law and it is illegal to harm them.

• Keep dogs on a short lead.

• Leave gates and property as you find them.

• Take your litter home with you.
Walk 1
Lambley & the South Tyne

This walk combines a number of different North Pennine habitats to dramatic effect. You will pass through an expansive area of rushy allotment* adjacent to heather moorland where in spring and summer the air is alive with the sounds and sights of numerous breeding waders. The views across the South Tyne Valley are similarly impressive. By contrast, the second leg of the walk passes along the route of a disused railway line that is largely clothed in woodland, offering tantalising glimpses of the surrounding countryside and excellent opportunities to see and hear woodland birds. The walk centres on Lambley Viaduct, a stunning landscape and architectural feature from where the River South Tyne and its wildlife can be viewed from on high.
Keys

**Easy Grade Walk**
Suitable for most people: easy, comfortable walking, may be some stiles.

**Medium Grade Walk**
Typically a country walk with some hills, stiles and muddy paths.
Boots advised.

**Hard Grade Walk**
Hill walk. May have steep or strenuous climbs. Rough moorland.
Boots essential.

A guide is also provided to indicate the best times of year to see key bird species. This can be interpreted as follows:

**BEST TIME TO VISIT**

- **Blue shading** indicates good months to see wintering birds.
- **Orange shading** indicates good months to see breeding birds.
- **Green shading** indicates good months to see birds on autumn or winter migration.

Please be aware that the weather can change rapidly in the North Pennines. Always carry suitable wet weather clothing with you and remember that visibility will be poor at higher altitudes in low cloud conditions.

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North Pennines AONB Partnership, Weardale Business Centre, The Old Co-op Building, 1 Martin Street, Stanhope, Bishop Auckland, County Durham DL13 2UY.
1:50,000 – Landranger 86
1:25,000 – Explorer OL43

13 km (8 miles).
Circular route

Medium. Steep in places and likely to be muddy. Navigation may be difficult in misty conditions. South Tyne Trail level & likely to be dry

Lambley Viaduct – South Tyne Trail car park at NY679595

Public toilets at Haltwhistle (7 km) and Alston (16 km). Pubs at Knarsdale (6.5 km. NY678543) and Rowfoot (2.7 km. NY684607).

In Coanwood at NY681593

Visit www.northpennines.org.uk for information on green places to stay

Bus stop in Coanwood. For information call Traveline on 0871 200 22 33 or visit www.travelinenortheast.info
From the car park, cross the road (take care!) to follow the South Tyne Trail, signposted Lambley Viaduct. Just after the former Coanwood Station, take the track leading down to the right, signed Lambley Footbridge.

Follow the track behind a house, cross the stream and go through the fieldgate. Walk diagonally across the field to a stile near the river and follow the path upstream. Cross the footbridge in front of the viaduct and turn left. Climb the steps up through the wood. At the path crossroads turn right, signed Lambley.

Just before a small gate turn right and walk through woodland above the river. Go past a row of cottages to reach the road. Turn left and immediately right, following the path in front of a second row of cottages.

Go through the tunnel under a road and across the field, passing a lone sycamore tree and head for the kissing gate. Continue ahead, passing the house on your left. Turn left onto the minor road. On meeting the A689, cross over (take care!) and take the track marked Burnstones 3.

Follow this track/path for 2.25 km to the Glendale Burn keeping the fence/wall on your right.

Just before the Glendue Burn cross the stone stile over the wall. Turn left and continue following the Pennine Way.

Cross the footbridge and continue ahead. After 1.5 km you’ll come to a finger post above Side House. Turn left onto the track and follow it down to the A689 at Burnstones.

Turn left onto the main road (take care!). Follow it for c150m to a small car park. Turn left and join the South Tyne Trail.

Follow the Trail through Softley Wood and then on to Whitwham Farm.

Just before the Old Station House, follow the path on the right of the track bed signed Lambley and South Tyne Trail–North. Pass under and then climb up onto Lambley Viaduct. Cross it and continue ahead back to the start.
Walk 1
Lambley & the South Tyne

1. Common sandpiper, oystercatcher, goosander, dipper and grey wagtail breed and feed on the South Tyne.

2. Lambley Viaduct was opened in 1852 and closed in 1976. It is 264m from end to end with nine arches. At its highest, it rises 32m (105ft) above the river.

3. Look out for wooden sculptures depicting North Pennines birds along the South Tyne trail. These were made by local school children.

4. Red grouse and waders such as golden plover, curlew and snipe breed on the heather moorland and neighbouring rushy allotments.

5. Black grouse, lapwing and occasionally barn owls can be seen on pastures beside the South Tyne Trail.

6. The Pennine Way here follows the course of an ancient Roman Road, the Maiden Way.

7. Red squirrels and many woodland birds inhabit riverside woodland throughout the year.

BEST TIME TO VISIT

JAN  FEB  MAR  APR  MAY  JUN  JUL  AUG  SEP  OCT  NOV  DEC
Birdwatching in the North Pennines

Map of the North Pennines AONB showing location of Walks and Sites

1 Lambley and the South Tyne
2 Tindale Tarn
3 Allen Banks and Staward Gorge
4 Chimneys on Dryburn Moor
5 Blanchland
6 Derwent Gorge
7 Burnhope Head
8 Cowshill
9 Wellhope Moor

10 Garrigill
11 Dufton Pike
12 Upper Teesdale
13 Howdon Burn
14 Blackton Reservoir
S1 Derwent Reservoir
S2 Ouston Fell
S3 Harwood Beck and Widdybank
The North Pennines is one of England’s most special places – a peaceful, unspoilt landscape with a rich history and vibrant natural beauty. In recognition of this it is designated as an Area of Outstanding Natural Beauty (AONB). The area is also a Global Geopark – an accolade endorsed by UNESCO.

On this 8 mile circular walk in the South Tyne Valley you’ll experience a range of North Pennine habitats and their distinctive birdlife: rushy allotment; heather moorland; and woodland.

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The AONB Partnership has a Green Tourism award for its corporate office

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